

Disclosure to Learners

AwakeAware, LLC
Awake & Aware
May 1-3, 2024
Bend, Oregon
Live / In-Person

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity

Satisfactory Completion

Learners must complete an evaluation form to receive a certificate of completion. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

CME Accreditation & Designation Information



In support of improving patient care, this activity has been planned and implemented by Scimple Education LLC and Awake & Aware, LLC. Scimple Education, LLC is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scimple Education, LLC designates this Live activity for a maximum of 16.25 *AMA PRA Category 1 Credits*[™] for physicians. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Objectives - After Attending This Program You Should Be Able To

1. Identify the signs and symptoms of burnout and understand the underlying causes, particularly in the context of emergency medicine.
2. Demonstrate skills in effective stress management techniques, including mindfulness, time management, and resilience-building practices tailored to the high-intensity environment of emergency medicine.
3. Utilize existing organizational resources for mental health and wellness and advocate for necessary improvements or additions to these resources.
4. Develop and commit to a personal action plan that includes strategies for maintaining work-life balance and regular self-care routines.
5. Develop skills in fostering a supportive work culture that acknowledges and addresses the issue of burnout, including how to support colleagues facing burnout and how to engage in constructive conversations about mental health.

Disclosure of Financial Relationships

In accordance with the ACCME Standards for Integrity and Independence in Accredited Continuing Education, Simple Education LLC has implemented mechanisms prior to the planning and implementation of this CME activity to identify and mitigate all relevant financial relationships for all individuals in a position to control and influence the content of this CME activity.

The following table of disclosure information is provided to learners and contains the financial relationships of each individual that is in a position to control and influence the content of this CME activity. All of these relationships have been mitigated.

All individuals in a position to control the content of CE are listed below.

Name of Individual	Individual's Role in the Activity	Name of Ineligible Company(s)	Role of Relevant Financial Relationship(s)	Relevant?	Mechanism(s) implemented to Mitigate conflict of interest appropriate to role(s) in the activity
Robert Orman	Planner / Speaker	N/A	N/A	N/A	N/A
Ryan Cheney	Planner / Speaker	N/A	N/A	N/A	N/A
Haney Mallema	Reviewer	N/A	N/A	N/A	N/A
Scott D Weingart	Speaker	N/A	N/A	N/A	N/A
Erica Kreismann	Speaker	N/A	N/A	N/A	N/A
Brittany Mallin	Speaker	N/A	N/A	N/A	N/A
Michael Mallin	Speaker	N/A	N/A	N/A	N/A

How to Get Your Certificate

1. Complete the conference evaluation: To be posted after the activity concludes.
2. Your CME certificate will be emailed to you within 2 weeks of completion of the evaluation.